

TO BUILD THE **BEST** CLUB IN THE  
**COUNTRY**



**UNITY** • **HUMILITY** • **PASSION** • **RESPECT** • **TRADITION**

# CULTURE

Our shield values are the foundation of who we are, how we act, how we treat each other, and how we run our club.

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Tradition

Humility

Respect

Unity

Passion



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## KCSG Return to Play- Contents

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## KCSG Return to Play- Procedures

### COVID 19 - Policies for Return to Play

We want to thank our membership for their loyalty and understanding during these challenging times. We are as excited as you to get back to the fields and want to make sure it is as safe as possible. We will be monitoring our policies and procedures regularly and may adjust them where necessary.

If at any time you feel uncomfortable attending a session or game, we will support your decision to keep your child home. By attending these sessions or games, you agree that you have voluntarily chosen to attend and are agreeing to abide by these policies and procedures put in place.

These procedures have been put into place after recommendations received from Kansas City and County, local health departments, and governing soccer organizations. The goal of these procedures is to allow for the resocialization of sport with regard to practice and competition as we always keep in mind the safety and health of our youth players. **KCSG IS ABSOLUTELY COMMITTED TO UPHOLDING THE RECOMMENDATIONS OF OUR LOCAL GOVERNMENT AND HEALTH ORGANIZATIONS.**



# KCSG Return to Play- Procedures

## COVID 19 - Policies for Return to Play

- These guidelines are a recommended path to return to play for players, coaches, and parents.
- These paths will be initiated as conditions allow.
- In this document KCSG has outlined guidelines of our return to play model. KCSG will revise or change these policies and procedures as conditions dictate.
- Please note that recommendations and guidelines are constantly being updated, so continue to monitor local governing guidelines.
- This timeline is intended to prioritize athlete health and well-being, including but not limited to the risks presented by COVID-19.



# KCSG Return to Play- Complex Procedures (updated Feb 22nd)

## Complex Procedures

Each Complex will have different specifications. Please adhere to the rules of the Complex. For local league games, please refer to those leagues policies as they may differ from those below.

Olathe Soccer Complex - Parents/spectators are not allowed inside of the facility for any training , but may enter for games (2 per player). All spectators and visitors must wear masks inside the soccer complex. **Players and referees must wear masks while inside the complex, but are permitted to remove them for warm-up and active game time. KCSG players must wear a mask while on the bench.**

Raytown Soccer Complex - Spectators please stay in the parking lot and not on the grass area. All spectators and visitors must wear masks inside the soccer complex. Players and referees must wear masks while inside the complex, but are permitted to remove them for warm-up and active game time.

Hamilton Athletic Complex (Leo Gibson Academy) - Spectators please stay in the parking lot and not on the grass area. All spectators and visitors must wear masks inside the soccer complex.

**Homefield KC & Homefield Olathe** - Both facilities will be monitoring their capacity restrictions closely, therefore the number of spectators will be limited inside the building. To assist we recommend players are dropped off and spectators stay outside the facilities when possible. When not possible please limit spectators to no more than two people. **As-of 11/16/20 due to KCMO & Jackson County, MO new restrictions, Masks are mandatory for all who enter, masks are now mandatory for players and coaches on the fields during practice at Homefield - KC (Bannister Facility).**

As we know, these guidelines are changing. Please be mindful of the policies that are put in place for each individual complex.



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## KCSG Return to Play- General Recommendations

General practices to reduce the risk of spread of infection:

- Avoid touching your face.
- Frequently wash hands with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer.
- Cover mouth and nose (with arm or elbow, not hands) when coughing or sneezing and wash hands afterward.
- Wear a face mask or covering when outside if you have any symptoms of upper respiratory infection.
- Frequently clean commonly used surfaces (doorknobs, for example) with an antiseptic cleanser.
- Avoid contact with other individuals (shaking hands, high fives, etc).
- Maintain a distance of 6 feet between you and others.
- Stay home if you feel sick and contact your health care provider



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# KCSG Return to Play - Coach Responsibilities

## Coach Responsibilities:

- Ensure the health and safety of the athletes.
- Inquire how the athletes are feeling, send them home should you believe they act or look ill.
- Follow all state and local health protocols.
- Ensure all athletes have their individual equipment (ball, water, bag etc.)
- Coach is the only person to handle cones, disk etc.
- Always wear a face covering, when not actively coaching, maintain social distance requirements from players based on state and local health requirements.
- Have fun, stay positive – players and parents are looking to you to stay calm, supportive and caring during this time.
- The use of scrimmage vest/Bibs is allowed at this time.





# KCSG Return to Play - Parent Responsibilities

## Parent Responsibilities:

- Ensure child is healthy, check your child's temperature daily.
- Stay in car or adhere to social distance requirements, based on state and local health requirements, when at training wear a face covering if outside your car and unable to maintain social distancing.
- Ensure child's clothing is washed after every training session.
- Ensure all equipment, cleats, ball, shin guards etc. are sanitized before and after every training.
- Notify club immediately if your child becomes ill for any reason.
- Do not assist coach with equipment before or after training.
- Be sure your child has necessary sanitizer with them at every training.



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# KCSG Return to Play - Player Responsibilities

## Players Responsibilities:

- Take temperature daily.
- Wash hands thoroughly before and after training.
- Bring and use, hand sanitizer with you to every training.
- KCSG players must wear a mask when entering and exiting all facilities.
- Avoid gatherings prior to or after training sessions without practicing social distancing and wearing masks.
- For indoor training sessions, do not enter facilities any earlier than 10 minutes before the start of your session and leave promptly after the conclusion of your session.
- Do not touch or share anyone else's equipment, water, snack or bag.
- Practice social distancing, place bags and equipment at least 6 feet apart.
- Wash and sanitize all equipment before and after every training.
- No group celebrations, no high 5's, Hugs, handshakes etc.
- Players are required to bring a light and dark top for all trainings.



# KCSG Return to Play- After Exposure

All information in the next 2 slides are from recommended guidelines set by the CDC and local health authorities.

Exposure is defined as being (1) within 6-feet of (2) an unmasked person with confirmed COVID-19 (3) for longer than 10 minutes. These three scenarios together define exposure/close contact.

For example, exposure includes but is not limited to:

- Caring for a sick person with suspected or confirmed COVID-19 infection
- Living in the same household as an individual with a suspected or confirmed COVID-19 infection
- Coming in direct contact with secretions from an individual with a suspected or confirmed COVID-19 infection (being coughed or sneezed on, sharing water bottle or utensils, etc.)

SYMPTOMATIC PLAYER/STAFF MEMBERS with a laboratory-confirmed or suspected COVID-19 infection

- Cannot attend club events until:
  - At least 3 days(72 hours) have passed since resolution of fever (defined as  $\geq 100.4$  degrees F) without the use of fever-reducing medications and respiratory symptoms (e.g., cough, shortness of breath), AND...
  - At least 10 days have passed since symptoms first appeared

OR:

- Resolution of fever without the use of fever-reducing medications, AND...
- Improvement in respiratory symptoms (e.g., cough, shortness of breath), AND...
- Negative results of an FDA authorized molecular assay for detection of SARS-CoV-2 RNA from at least two consecutive respiratory specimens collected  $\geq 24$  hours apart (two negative specimens)



## KCSG Return to Play- After Exposure CONT

ASYMPTOMATIC PLAYERS/STAFF MEMBERS with laboratory-confirmed COVID-19

- Cannot attend club events until:
  - At least 10 days have passed since test since their first positive COVID-19 diagnosis assuming no symptoms since that time. If person develops symptoms, then management should be guided as above for symptomatic individuals.

OR:

- Negative results of an FDA authorized SARS-CoV-2 RNA test from at least two consecutive respiratory specimens collected  $\geq 24$  hours apart (two negative specimens).

EXPOSED/CLOSE CONTACT PLAYERS/STAFF MEMBERS to a suspected or diagnosed case of COVID-19

- SEE NEXT SLIDE



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# KCSG Return to Play- UPDATED JAN 4, 2021

## Options to reduce quarantine

Reducing the length of quarantine may make it easier for people to quarantine by reducing the time they cannot work. A shorter quarantine period also can lessen stress on the public health system, especially when new infections are rapidly rising.

Your local public health authorities make the final decisions about how long quarantine should last, based on local conditions and needs. Follow the recommendations of your local public health department if you need to quarantine. Options they will consider include stopping quarantine

- After day 10 without testing
- After day 7 after receiving a negative test result (test must occur on day 5 or later)

After stopping quarantine, you should

- Watch for symptoms until 14 days after exposure.
- If you have symptoms, immediately self-isolate and contact your local public health authority or healthcare provider.
- Wear a mask, stay at least 6 feet from others, wash your hands, avoid crowds, and take other steps to [prevent the spread of COVID-19](#).

CDC continues to endorse quarantine for 14 days and recognizes that any quarantine shorter than 14 days balances reduced burden against a small possibility of spreading the virus. CDC will continue to evaluate new information and update recommendations as needed. See [Options to Reduce Quarantine for Contacts of Persons with SARS-CoV-2 Infection Using Symptom Monitoring and Diagnostic Testing](#) for guidance on options to reduce quarantine.



## KCSG Return to Play- References

- ❖ Kansas Department of Health - <https://www.coronavirus.kdheks.gov/>
- ❖ Missouri Department of Health - <https://health.mo.gov/>
- ❖ Kansas Youth Soccer Association COVID 19 Updates - <http://www.kansasyouthsoccer.org/covid19/>
- ❖ Missouri Youth Soccer Association COVID 19 Updates - <https://www.missourisoccer.org/Default.aspx?tabid=1949942&tw=139&th=99&w=139&newskeyid=HN1&h=99&mid=2004646&ctl=newsdetail&newsid=348047>
- ❖ US Club Soccer COVID 19 Updates - <https://www.usclubsoccer.org/coronavirus>
- ❖ ECNL Recommendations - <https://www.eliteclubsnationalleague.com/wp-content/uploads/2020/05/ECNL-x-Return-to-Play-Recs.-V5-Doc.pdf>
- ❖ CDC - Centers for Disease Control and Prevention - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>



# THANK YOU!!

We know sports are extraordinarily important for our youths mental, physical, and social health. Returning to sport while minimizing the risk of COVID-19 infection takes caution, cooperation, and innovation. Together we will get through this healthy and safely.

